

Rules and Regulations

10 Minute Grace Period - Referee will report late starts

U16: 80 minute game with 10 minute periods

Each period stop, with the exception of halftime is a substitution opportunity only. This is not a water break. All player substitutes need to be ready at center line before each period break.

U19: 90 minute game with 11 minute periods

Home Team Listed First

Home Team North or West Side

RECORD OF CAUTIONS/EJECTIONS

NO.	NAME	C/E	TIME	REASON

Comments/Preliminary Incident Report

Referee's please report scores and make an official report of the Arbitor

Please Print	Region
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CENTER:

AR1:

AR2:

Coach must carry Current Roster
and signed Player and Coach ID's

*If teams have not submitted an official
roster they will be ineligible to play and
will forfeit*

For more Upper Division Rule Info - <http://www.ayso1c.org/>

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